



# *Bishnu P. Verma, M.D., P.A.*

Internal Medicine

Diplomate ABIM in Internal Medicine

American College of Physicians  
Internal Medicine/Doctors for Adults

## Request for Restrictions of PHI

I, \_\_\_\_\_, understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment, or other healthcare operations.

You may contact me by e-mail, mail at home and/or at the following address:

E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

You may contact me or leave me a message at home and at the following telephone number:

#1. \_\_\_\_\_

#2. \_\_\_\_\_

You may discuss any portion of my medical record with the following people:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(If you are 18 years old, must be signed by parent or guardian)