



**HealthLife**  
**Extra Strength**  
**Pain Reliever PM**  
 Acetaminophen 500 mg  
 Pain Reliever  
 Diphenhydramine HCl 25 mg  
 Nighttime Sleep Aid  
**RETAIN CARTON FOR COMPLETE DRUG FACTS**  
 \* This product is not manufactured or distributed by McNeil Consumer Healthcare, owner of the registered trademark Tylenol® PM.

**HealthLife**  
**Extra Strength**  
**Pain Reliever PM**  
 Acetaminophen 500 mg / Pain Reliever  
 Diphenhydramine HCl 25 mg / Nighttime Sleep Aid  
 Aspirin Free • Non-Habit Forming  
 30 CAPLETS  
 SEE NEW WARNINGS INFORMATION  
 NDC 69517-113-30  
 Compare to EXTRA STRENGTH Tylenol® PM active ingredients\*

Distributed by: HealthLife of USA LLC  
 Rahway, NJ 07065  
 www.healthlifeusa.com  
 0 69517 11330 6  
 Lot. No.:  
 Exp. Date:

**Drug Facts (continued)**  
**Directions**  
 ■ do not exceed recommended dose  
 ■ Adults and children 12 years and over: take 2 caplets at bedtime.  
 ■ do not take more than 2 caplets of this product in 24 hours.  
 ■ children under 12 years: do not use this adult product in children under 12 years of age; this will provide more than the recommended dose (overdose) and may cause liver damage.  
**Other information**  
 store at 25 °C (77°F) excursions permitted between 15-30°C (59-86°F) read all product information before using  
**TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**  
**Inactive ingredients**  
 colloidal silicon dioxide, croscarmellose sodium, fd&c blue #1 aluminum lake, fd&c blue #2 aluminum lake, hypromellose, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized starch, purified water, sodium metabisulfite, sodium starch glycolate, stearic acid, titanium dioxide, talc  
**Questions or comments?** Call toll free 1-844-832-1138 Monday through Friday 9AM - 5PM EST or www.healthlifeusa.com

**Drug Facts (continued)**  
 ■ a breathing problem such as emphysema or chronic bronchitis  
 ■ trouble urinating due to an enlarged prostate gland  
 ■ glaucoma  
 ■ ask your doctor or pharmacist before use if you are taking the blood thinning drug warfarin  
 ■ taking sedative or tranquilizers.  
**When using this product**  
 ■ avoid alcoholic drinks  
 ■ do not drive a motor vehicle or operate machinery; this product will cause drowsiness  
**Stop use and ask a doctor if:**  
 ■ sleepiness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.  
 ■ pain gets worse or lasts more than 10 days  
 ■ fever gets worse or lasts more than 3 days  
 ■ redness or swelling is present  
 ■ new symptoms occur.  
 These could be signs of a serious condition.  
**If pregnant or breast-feeding**, ask a health professional before use.  
**Keep out of reach of children**  
**Overdose warning:** Taking more than recommended dose (overdose) may cause liver damage. In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

**Drug Facts**  
**Active ingredient (in each caplet)**  
 Acetaminophen 500mg... Pain Reliever / Fever Reducer  
 Diphenhydramine HCl 25mg.....Nighttime Sleep Aid  
**Uses**  
 temporarily relief of occasional headaches and minor aches and pains with accompanying sleeplessness  
**Warnings**  
**Liver Warning:** This product contains acetaminophen. Severe liver damage may occur if you take  
 ■ more than 4000 mg of acetaminophen in 24 hours  
 ■ with other drugs containing acetaminophen  
 ■ 3 or more alcoholic drinks everyday while using this product  
**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:  
 ■ skin redness ■ hives ■ rash  
**do not use**  
 ■ with any other drug containing acetaminophen (prescription or not prescribed). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.  
 ■ with any other product containing diphenhydramine, even one used on skin.  
 ■ in children under 12 years of age  
**ask a doctor before use if you have**  
 ■ liver disease ■ asthma

**DESIGN DEPARTMENT, INC. - 716-873-5008**

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|-------------------------------------|--------------------------|--|
|                                     |                          | Job prints 4 color process, please match<br>Plus 1 Spot Color<br><br>CMYK<br><br>PMS 711 |
| DIE LINE DO NOT PRINT               | VARNISH AREA             |  |
| Date To Disk:<br>4/22/16<br>5/23/16 | Job No.:<br>9370<br>9370 |  |

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**DRUG FACTS FORMAT WARNING**  
 Title - 9pt  
 Headings - 8pt  
 Body Copy - 5.7pt

*We experienced problems formatting the Drug Facts information into the allotted space. Please note the above concessions to the minimum allowable text sizes.*